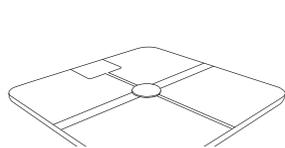


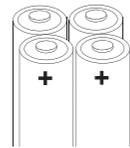
## Pack contents



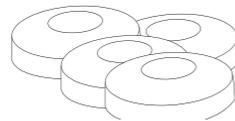
Withings connected  
scale



USB cable

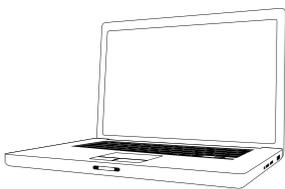


4 AAA  
batteries

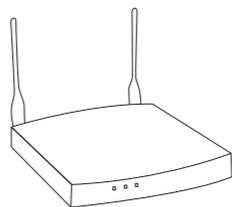


4 feet  
for use on carpet

## Hardware requirements



Computer or iPhone



Wifi Internet access point  
(router)

## Important advice regarding security

1.  This product is not suitable for people with a Pacemaker or other cardiac stimulator.
2. The Withings scale data must be considered purely as reference values and not as a medical opinion.
3. A doctor must be consulted before making any decision regarding a change in diet or physical activity.
4. Do not use the scale on a wet floor or with wet feet; you risk slipping and falling.
5. Do not stand on the edges of the scale but well to the centre.



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

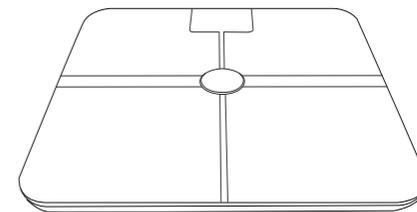
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Apple and iPhone are registered trademarks (®) of Apple Computer, Inc.



## Getting started Withings connected scale



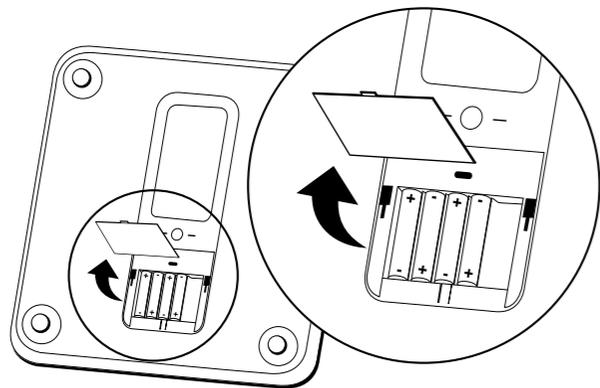
Congratulations on your purchase! With the Withings connected scale, you are going to control your fitness over the long-term, by simplifying your life. All of your measurements will be available in your personnel Web screen. This guide to getting started will enable you to avail of all its advantages in a few minutes.

**Withings**

## Start-up

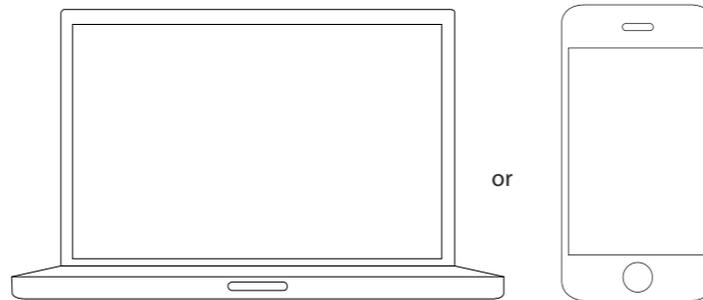
Inserting the batteries

1. First turn the scale upside down and place it on a flat surface, being careful not to scratch it.
2. Open the cover on the underside of the scale and insert the 4 batteries supplied, taking care to respect the polarities.



## To connect the scale to the Internet

via your Wifi network

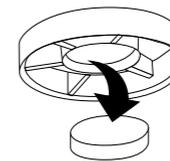


<http://start.withings.com>

Enter the address in the explorer bar of your computer or safari of your iPhone and follow the instructions.

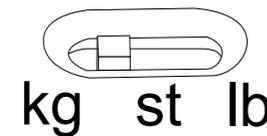
## Settings

If using on a carpet,



add the 4 feet provided.

To change the display units:



use the adjustment button situated in the battery compartment.

## Any questions?

Advice regarding the installation and use of the Withings scale is available on-line at:

<http://support.withings.com>